

Groceries															
FRUITS AND VEGGIES				TOILETRIES				BABY STUFF				SODA AISLE			
[] green beans / corn	2	[]		[] toothbrushes	8	[]		[] Huggies Pull-Ups	12	[]		[] soda: Coke Zero / Other	14	[]	
[] cauliflower / broccoli	2	[]		[] mentadent refill	8	[]		[] Huggies Overnights	12	[]		[] soda: Lt Lemonade / CF Diet DrPepper	14	[]	
[] asparagus	2	[]		[] other toothpaste	8	[]		[] CleanTeam baby wipes	12	[]		[] canned nuts	14	[]	
[] jicama	2	[]		[] dental floss	8	[]		[] Baby soap	12	[]		[] tonic water	15	[]	
[] zucchini / yellow squash	2	[]		[] ACT mouthwash	8	[]		[] Baby shampoo / conditioner					16	[]	
[] spaghetti squash	3	[]		[] sure solid clear antiperspirant	8										
[] bok choy	3	[]		[] speed stick deodorant	8										
[] celery	3	[]		[] herbal essences shampoo	8										
[] peppers: green / red	3	[]		[] razor blades						13	[] white sugar				
[] carrots	4	[]		[] Q-Tips						13	[] light brown sugar	S&F	[] Tide HE laundry detergent		
[] cucumbers								CEREALS AND HEALTH SNACKS	13	[] unbleached flour	15	[] cascade complete powder			
[] parsley / cilantro									13	[] cake flour	15	[] hand sanitizer (pump)			
[] mushrooms				PASTA / SOUPS / ASIAN	8	[] pancake mix			13	[] kosher salt	15	[] hand soap (Tone pump)			
[] tomatoes					8	[] syrup: sugar-free / regular			13	[] spices:	15	[] liquid bath soap			
[] avocado	6	[]		[] spaghetti / linguini	8	[] South Beach bars			13	[] yeast	15	[] ivory bar soap			
[] onions: red / yellow / white	6	[]		[] penne / macaroni	8	[] cereal: Kashi Heart to Heart O's / All Bran			13	[] pam	15	[] palmolive			
[] garlic	6	[]		[] spaghetti sauce		[] cereal: Cheerios / Autumn Wheat			13	[] baking chocolate	15	[] sponges			
[] potatoes	6	[]		[] parmesan cheese		[] cereal: Casc Farm Oats&Honey			13	[] chocolate chips	15	[] murphy's oil soap			
[] cabbage	6	[]		[] soup:	8	[] powerbars			13	[] powdered sugar	15	[] sudsy lemon ammonia			
[] lettuce / spinach	6	[]		[] ramen		[] protein powder			13	[] baking powder	15	[] simple green			
[] limes / lemons	6	[]		[] dry soup mix		[] Oats: Steel-Cut / 7-Grain / Whole			13	[] baking soda	15	[] pinesol cleaner			
[] apples	6	[]		[] low sodium chicken broth					13	[] olive oil: Xtra Virg / Xtra Light	15	[] windex			
[] oranges	6	[]		[] soy sauce					13	[] canola oil	15	[] pledge			
[] grapefruit	6	[]		[] couscous					13	[] corn starch	15	[] endust			
[] other fruit:	6	[]		[] taboulleh					13	[] breadcrumbs	15	[] 409 cleaner			
	6	[]		[] rice	9	[] table water crackers			13	[] walnuts	15	[] softscrub			
					9	[] Triscuit Rdcd-fat / Garden Herb			13	[] lipton tea bags	15	[] lysol toilet bowl cleaner			
PHARMACY					9	[] other crackers:			13	[] coffee filters	15	[] tilex			
				CANNED FRUIT / VEG	9	[] Roman Meal sandwich slices	S&F		[] coffee packets	15	[] mop heads				
[] Prescription pick-up					9	[] peanut butter									
	7	[]		[] applesauce	9	[] cherry preserves									
LIQUOR	7	[]		[] raisins											
	7	[]		[] canned pumpkin											
[] beer	7	[]		[] cranberry juice: reg / diet				CONDIMENTS							
[] vodka / tequila / gin	7	[]		[] V-8: Low-Sodium / Spicy					13	[] baggies (Snap n Seal)					
[] rum / triple sec	7	[]		[] lo-sodium black beans	10	[] vinegar:			13	[] freezer bags					
[] margarita mix / sweet & sour	7	[]		[] lo-sodium garbanzo beans	10	[] salad dressing: ranch / ital.			13	[] heavy aluminum foil					
[] lime juice	7	[]		[] canned green beans	10	[] ketchup			13	[] parchment paper					
[] wine	7	[]		[] canned tomatoes	10										